

MARGHERITA VILLA

CURRICULUM VITAE



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PROFILE

After my degree and final qualification as Clinical Psychologist in Italy in 2005, I have gained 10 years of professional experience abroad, starting from Ireland and then UK. Considering that I have worked as Clinical Psychologist in multicultural settings, I had the opportunity to learn and grow from a professional and personal point of view. I have a broad range of clinical experience with a particular interest in the interpersonal and family relationships.

EDUCATION AND PROFESSIONAL REGISTRATION

July 2010

Registered with the **Health and Care Professions Council (HCPC)** as Clinical Psychologist (registration number: PYL 25439).

February 2010

Registered with the **British Psychological Society (BPS)** as Graduate Basis for Chartered Membership (membership number: 262520).

January 2006

Qualification as Clinical Psychologist in Italy: registered with the Italian Psychology Board (number: 8634).

From October 1998 to December 2003

University Degree in "Social Developmental and Clinical Psychology" (BA+ MA equivalent), thesis title "**Increase in self-esteem with age**", with a final mark of 107/110. Organisation and implementation of a pilot-project, which took place at Parma Youth Centre (Italy).

ADDITIONAL TRAINING

June 2014

"Using Risk assessment tools in protecting children. The search for the magic wand" hosted by Nagarlo Association. Facilitator: Ms Precey.

March 2014

"EMDR (Eyes Movements Desensitisation Reprocessing), Part 1 and 2". Facilitator: Dr Alexandra Richman.

November 2013

"Violence and Safety- Contemporary Ways of Working with Domestic Violence and Alcohol Abuse" hosted by British Psychological Society. Facilitator: Prof. Arlene Vetere.

November 2011

"Trauma and Domestic Violence" hosted by British Psychological Society. Main issues explored: neurological and cognitive aspects of trauma, definition of Domestic abuse and intervention.

June 2011

“Let’s talk programme”. The program is for children and their mothers who have experienced domestic violence and provides a community based setting for them to share and talk about their experiences. Mothers are supported to understand how the violence has impacted on the child and how best to help them through the healing process.

February 2011

“Deliberate Self Injury – Developing an Understanding of the Needs of Young People” hosted in Hounslow Education Centre. Main issues explored: to guide your understanding of deliberate self harm and how to respond compassionately to young people who may engage in this behaviour.

February 2011

“Level 2 training in Narrative Therapy” 5-days of workshops facilitated by Amanda Redstone and Mark Hayward., Institute of Narrative Therapy, London.

January 2011

“Barnardo’s Domestic violence Risk Assessment model” hosted in Hounslow Education Centre. Main issues explored: to demonstrate how to identify risks to children from domestic violence and to explain how to assess accurately whether a case presents as in need of a safeguarding response or family support.

October 2010

“Level 1 training in Narrative Therapy” 5-days of workshops facilitated by Amanda Redstone and Mark Hayward., Institute of Narrative Therapy, London.

September 2010 – April 2012

“Psychodrama and Movement Therapy” at the Sesame Institute in London. Sesame practitioner qualification obtained.

September 2010

“Working with the consequences of violence and responding to Trauma” 2-days workshops, facilitated by Maggie Carey, Institute of Narrative Therapy, London.

June 2010

“Working together to protect children from abuse and neglect” hosted in Hounslow Education Centre, London. Main areas: to be clear about the responsibility to protect children and what action to take if the child protection concerns emerge.

May 2010

“Strengthening Families Programme 10-14” facilitated by Dr. Debby Allen, hosted in London. Evidence-based 7 weeks programme to work with parents and teenagers in order to explore areas such as problem solving, communication skills and rules and boundaries.

April 2008

Training in use of the **Wechsler Adult Intelligence Scale – III (WAIS-III)** facilitated by Dr. Eithne Swan, hosted by Dublin Mid-Leinster, Intellectual Disability Services, Dublin.

EMPLOYMENT HISTORY

From November 2016 until present

Clinical Psychologist, Cesena (FC)

- Individual sessions with adolescents and adults
- Clinical supervision
- Consultation via Skype

From March 2015 to August 2015

Clinical Psychologist, *Early Intervention Team for Children Looked After (EICLAS), CAMHS, Bedford.*

- Implementation and coordination of a consultation service for Foster carers in order to implement a continuous psychological support to guarantee placement stability for looked after children
- Individual and couple psychological support in order to address looked after children's difficulties and complex family dynamics

From May 2010 to December 2014

Clinical Psychologist, *Specialist Intensive Support Programme (SISP), Children's and Adults Services Department, Local Authority of Hounslow, London.*

- Psychological assessment, parenting assessment
- Individual intervention for adults and children
- Co-facilitation of parenting groups and liaising with members of the multi-disciplinary team such as Children and Adolescents Mental Health Services and Adult Mental Health Services

From October 2008 to March 2010

Clinical Psychologist, *Dublin Mid-Leinster, Intellectual Disability Services and Adult Mental Health, Department of Psychology & Psychotherapy, St. James Hospital, Dublin.*

- Assessment and individual intervention for adults with a range of presentations
- Co-facilitation of group with adults and liaising with members of the multi-disciplinary team

From May 2007 to September 2007

Project worker at Cloverhill Prison, Dublin.

- Emotional and psychological support of the prisoner's families

From March 2004 to December 2005

Cooperation as Clinical Psychologist with the A.T. Beck Institute (www.istitutobeck.it), Rome, Italy:

- Assessment and psychological interventions with adults and adolescents
- Assessment using the principal psychological tools (MMPI 2, SCID-II, BIG FIVE QUESTIONNAIRE, CBA, MILLON, BDI, BAI, BHI)
- Research: ideation of a questionnaire designed to compare a Homosexual sample (500 individuals) to a Heterosexual one (500 individuals) of male teenagers (aged between 18-22) on suicide ideation/attempts. The whole research was presented in 2007 at the XIV National Congress of AIAMC, Genova, Italy, with the paper "*Ideazione suicidaria e orientamento sessuale in un campione di giovani maschi italiani*"
- Co-Facilitator of courses about self-esteem, assertiveness training and homophobia

LANGUAGES

ITALIAN: mother tongue

ENGLISH: fluent (First Certificate in English, University of Cambridge, ESOL Examinations).